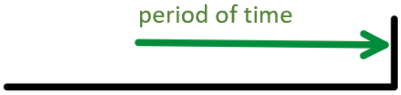
for

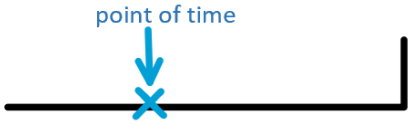
The word „for“ is used when we talk about a **period of time** in the past, present or future.
„I've been studying *for* two hours.“

since

We use the word „since“ to talk about a certain **point in the past**.
„I've been studying *since* I got home from school.“



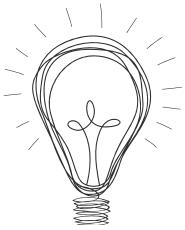
e.g.: two weeks, a year



e.g.: last month, yesterday

for + all

For *can't* be used with all.
Therefore the sentence „I've been here for all day.“ is *incorrect.*
Instead we would say: „I've been here all day.“



1 Read the sentences and fill in either *for* or *since*.

1) I've known Steve _____ a long time.

2) Sarah has been living in Vienna _____ 2017.

3) I haven't eaten anything _____ 1 o'clock.

4) Paul has been watching TV _____ twenty minutes.

5) My husband and I have been looking forward to our vacation _____ ages. We will be staying at a hotel in Italy _____ two weeks.

6) Don't forget your umbrella. I's been raining _____ I got up this morning.

Angaben zu den Urhebern und Lizenzbedingungen der einzelnen Bestandteile dieses Dokuments finden Sie unter
https://www.tutory.de/entdecken/dokument/for-and-since

2 Turn to your neighbour and come up with a few words or phrases in which:

- for would be used
- since would be used

for	since
e.g.: two weeks	e.g.: yesterday

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