

- ① Structuring your writing is important.
The following instructions can help you with that. Finish the sentences by explaining why each of the mentioned aspects is important.

a) Reading a text carefully before writing a summary helps to

b) Taking notes on what you want to mention in your summary helps to

c) Structuring your text into 2 - 4 paragraphs (Absätze) helps *you* to

and helps your *reader* to

d) Paraphrasing a text means that

e) Instead of giving detailed information and examples, you should



Summarising

When you are summarising important sections from a text, avoid giving examples and detailed information.

For example, instead of "five to 16-year-olds" you can write "young people".



Paraphrasing

In order to paraphrase and sections from a text, you need to find your own words.

If the author writes: "the teens switched off for a week", you can write "the students turned off their electronic devices for a week"

② On the left side of this page you find excerpts from the article „Teens and tech“.

- Connect the excerpts to their paraphrased and summarised version on the right.
- One of the excerpts does not have a „partner“. Write a summarised and paraphrased version for this passage.

Children aged five to 16 spend an average of six and a half hours a day in front of a screen, more than twice as much as they did 20 years ago.

The author states their various activities on the internet are affecting students in negative ways.

Debate about the effects of the culture on young people – sexting, bullying, mental health and cyber addiction – has never been livelier. While many young people recognise the problem, they don't question their choices.

The writer introduces a project carried out at a school in London that asked students to turn off their phones for a week.

So what happens when you ask a group of tech-loving teens to switch off for a week? The Disconnect project did that with a group of 15-year-olds from Capital City Academy in London.

Although boys and girls are using their devices for different purposes, they are both equally drawn to them.

"At first the students were against it," says Llewellyn. "But the more they considered it, the more interesting the idea of disconnecting became. Once we started looking at what they'd done the previous week, and how much time they'd spend on their smartphones and games, they were horrified."

According to the author, media consumption among young people is increasing.

Girls were on their phones from the moment they woke up until they went to bed – they even slept with them by their side. Boys used social media less, but they spent up to six hours a day gaming.

Shocked by their own media consumption, the students were willing to participate in the project.

More importantly, all of them said they got something out of it. "I watched TV with my friends," says one. "I read a book. I can't remember the last time I did that", adds another. "I got my homework in on time and hung out much more with my family." They also reported going to bed earlier – lack of sleep being a related and growing area of concern.