

Name:

Teenage problems - Eating disorders



Disclaimer

The following tasks and articles are about the topic of „eating disorders“. If you struggle with an eating disorder yourself or you know someone who does, seek help with a professional or contact a consulting service. The German hotline for eating disorders can be contacted under the phone number +49221892031.

- ① **Read the article** given in the link below. Use your own words to **write down a short definition** of the term „eating disorder“ and **name the three most common types** of eating disorders and their symptoms. (<https://t1p.de/i6hkl>)

- ② **Read the article** given in the link below. **Write down three statistics** about the eating disorders and how the problem has changed over time. (<https://t1p.de/bhlma>)

- ③ **Read one of the articles below.** One of them is about the weight loss drugs Wegovy and Ocempic, the other one about the effects of TikTok on eating disorders. **Write down the problems** mentioned in the article about your chosen topic.

Wegovy + Ocempic: <https://t1p.de/ubl7z>

TikTok: <https://t1p.de/r0szq>

- ④ **Reflect** on the topic of eating disorders yourself. Do you personally struggle with eating disorders or know someone who might? Are you happy with the way you are eating and do you feel healthy?
